



Flying Birds School

Annual Progress Report - 2017



Supported by
Stitching Pooja Kajal Foundation

Implemented by
Rural Development Institute, HIHT

Rural Development Institute-Himalayan Institute Hospital Trust
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Pooja Kajal Foundation, Netherlands and Rural Development Institute, Himalayan Institute Hospital Trust, Dehradun, India are working jointly towards enabling the basic nutrition, health and general education for the underprivileged children. The collaboration is for creating a conducive setup for the under privileged children that can take care of their health, hygiene and overall development.

Objectives

- I. To provide basic healthy nutrition on a regular basis to have a direct impact on the children's physical and mental development.
- II. To provide health- and general education to make the Children aware of how new habits could serve them to prevent diseases and create future income generating opportunities.
- III. To develop the skill and talents of the children of the labour community, to create more joyful lives, creating different opportunities in their personal development.

To fulfill the objectives of the program, following activities were done successfully during the year 2017.

- **Serve as a site for setting up a school for children of the labourers in the HIHT campus and ensuring that place is set up conducive to growth of children**

A new permanent building has been constructed in the HIHT campus for Flying Birds School in which mainly the children of labourers who are engaged in construction work in the campus get informal education.

A conducive learning environment is necessary for a child's overall growth and development. All necessary steps were taken to create an enabling environment for the children in Flying Birds School. The school has been equipped with all the necessary items and accessories required in a school setup. Furniture, toys, boards, stationery, library, sport kits, utensils, blankets were arranged in the school. The children were provided with school bags, uniforms, shoes and sweaters. On infrastructural front, safe drinking water and the toilet facilities were enabled in the school. To maintain the cleanliness in the school, a person was deputed there for routine housekeeping jobs.

- **Regular teaching classes for the children by trained teachers**

Two teachers, Ms. Shikha and Ms. Shivani were appointed in the school. Ms. Shivani did the daily teaching while Ms. Shikha was involved for skills trainings like handicraft, painting, paper bag making etc. Ms. Shikha also prepares children for cultural programs. One supervisor and one attendant were also appointed for the school. Curriculum and pedagogy were designed to suit the profile and needs of these children. Keeping in mind the varied profile of children in terms of exposure to any kind of schooling and the temporariness of their habitation, a proper lesson plan for a year was prepared and which was adhered to during the classes. Every day the school opens at 9:00 in the morning and closes at 4:00 pm.

10 Children were enrolled in a regular government school. Daily in the evening, the Supervisor conducted extra classes to assist them completing their school home work.

- **Provision of nutritious meal to children on a regular basis**

As improving nutrition status of the children attending the school was one of the main components of the program, mid-day meal was provided to children on daily basis during entire year. It was always ensured that the food served to the children is nutritious and fresh and the place is also clean. A habit of washing hands before and after having food was inculcated in the children.

- **Working towards the overall development of the children and provide recreational facilities for the children**

Apart from regular teaching classes, different extra-curricular activities were conducted during the year for overall development of the children. Weekly sessions on painting, handicraft, paper bag making, singing and dance classes were held throughout the year. Sports activities remained an integral part of the school curriculum. Children were also oriented on gardening and sensitized on environment preservation. Different days of national and international significance (Total 11 days) were celebrated in the school by the children with great fun and joy. To boost the confidence of the children and create a sense of inclusion among them, they regularly participated in the events and functions held in SRHU and RDI from time to time.

SN	Name of Activity	Date
1	Republic Day	26-Jan-17
2	Basant Panchami	1-Feb-17
3	SRHU Foundation Day	18-Apr-17
4	Teej Festival	26-Jul-17
5	Raksha Bandhan	7-Aug-17
6	Independence Day	15-Aug-17
7	Teacher's Day	5-Sep-17
8	RDI Founder's Day	21-Sep-17
9	Diwali	17-Oct-17
10	National Education Day	11-Nov-17
11	Children's Day	14-Nov-17
12	Universal Children's Day	20-Nov-17
13	Christmas Day	22-Dec-17

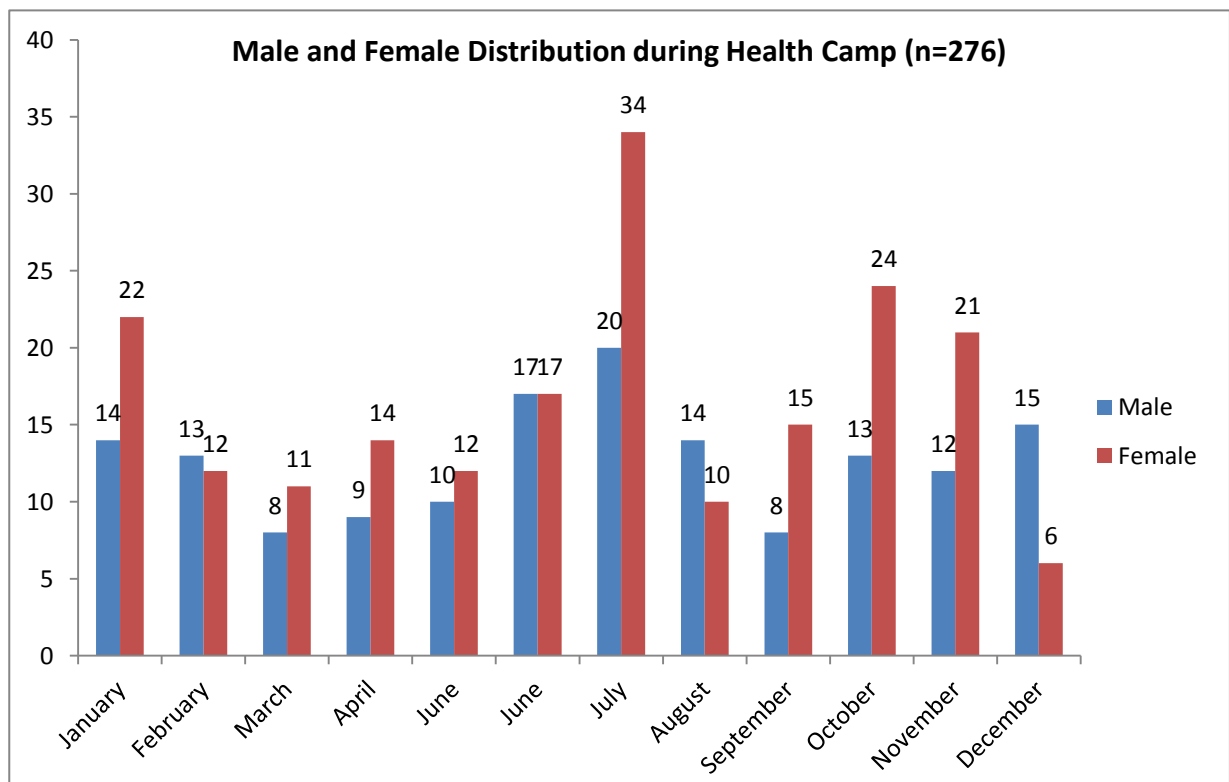
- **Regular health check-ups**

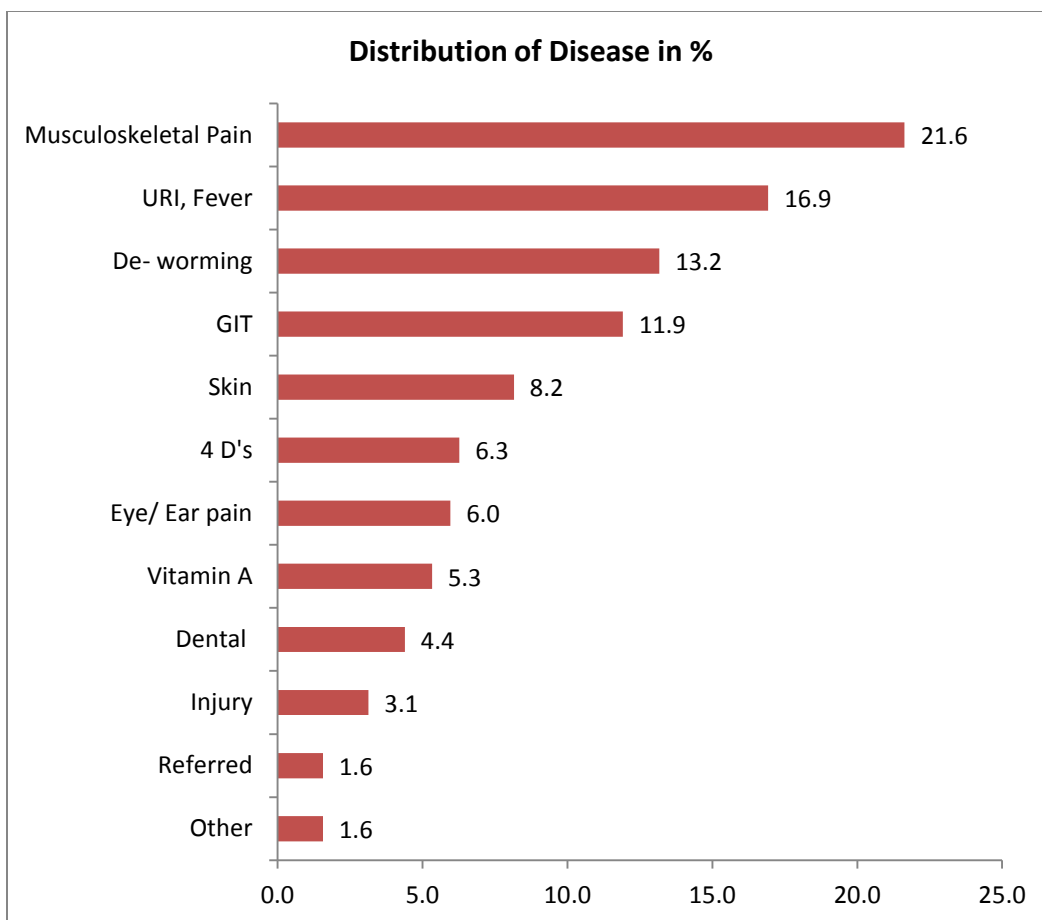
Regular health check-ups were done of the children in the school by organizing monthly health camps. Total 12 camps were held during the year benefitting children and their parents. Awareness sessions on personal and environmental hygiene were also held during health camps. On an average, per month 25-30 children were examined and screened for the

common ailments like musculoskeletal pain, URI, fever, worm infestation and skin related problems. Dental problems, injuries, eye & ear pain, birth related defects and deficiencies were also found out among the children during the health camps. Apart from regular monthly health camps, 19 children were also immunized under government of India's Measles Rubella vaccination program.

Health Camp Details - 2017

SN	Month	Date	Male	Female	Total children	Adult	Total cases
1	January	28-Jan-17	14	22	34	2	36
2	February	25-Feb-17	13	12	25	0	25
3	March	25-Mar	8	11	13	7	19
4	April	29-Apr	9	14	20	3	23
5	June (for May)	1-Jun-17	10	12	21	1	22
6	June	24-Jun-17	17	17	30	4	34
7	July	29-Jul-17	20	34	31	23	54
8	August	24-Aug-17	14	10	20	4	24
9	September	23-Sep-17	8	15	23	0	23
10	October	28-Oct-17	13	24	20	16	37
11	November	25-Nov-17	12	21	20	13	33
12	December	30-Dec-17	15	6	19	2	21
					276	75	351





- **Protect and facilitate the security in the school**

To protect and facilitate the security of the children and belongings in the school, a permanent guard was deputed during night. Wired fencing was done around the school compound to secure it from unauthorized entries. Fire extinguisher was also installed in the school.

- **Sending quarterly reports**

Monthly progress reports along with pictures and visuals have been prepared and shared on regular basis with Pooja Kajal Foundation. The statements of expenditures were also including along the reports.

Outcomes and Observations

- Children have started to attend the school on a regular basis.
- Reading and writing skills of the children have improved a lot during the year.
- A sense of personal hygiene has been inculcated in the children. Washing hands before taking food and after using toilets have been ensured.

- Regular participation by the children in various extra-curricular activities has increased their confidence level and now they don't hesitate to perform at any platform.
- Punctuality has been improved. The children are well aware of school timings and come to school on time.
- A feeling of responsibility is there among the older children towards the younger ones. They take care of their younger classmates during the school time.
- 10 Children of Flying Birds School got enrolled in the regular government school and became a part of a regular education system. In the evenings, the supervisor assists them in completing their school home work.
- Parents are also taking interest in school activities and enquire about the progress of their child. They also try to ensure attendance of the children in the school.
- A sense of security towards the children has prevailed among the community. Now the parents know that their children are safe in the school and will not roam here and there in their absence.
- Health seeking behaviour of the children and the community has changed. They are quick to respond to any health issue. They also visit RDI doctor for health consultation.



