



Flying Birds

Annual Report 2022



Supported by
Stichting Pooja Kajal Foundation

Implemented by
**Rural Development Institute
Himalayan Institute Hospital Trust**

Classroom activities

The year started with the COVID third wave surge in the country which once again put all educational activities on hold. Complying with rules and regulations laid down by the government, Flying Birds remained closed for all kind of classroom activities from 7th January to 6th February. During this period the children were engaged in small groups. Home assignments were given to children to complete.

The school resumed the classroom teaching from February 7th onwards. The teachers divided children in groups as per their age and literacy level and prepared a timetable accordingly. Adhering to the timetable prepared, teaching classes were conducted. Extracurricular activities such as games, art and craft, music, dance classes were conducted for the children to keep them engaged in the school.

Children were also engaged in maintaining the compound in the school and were involved in gardening and cleaning the surrounding area. The activity generated a sense of ownership among the children and they understood the importance of keeping their surrounding clean and green.



Teaching classes in Flying Birds



Flying Birds children joining online Story-Telling



Feeding

Due to COVID, as it was not possible to provide mid-day meal to children, food kits were given to children instead. Every month as per the number of children, Food kits were distributed them.

Later, when the school opened, feeding was started as usual in Flying Birds. Cooked food was arranged for children.



Milk Distribution

Milk distribution has been one of the main activities of the feeding program. Daily a glass of milk per child improved the nutritious status of the children attending the school.



Winter clothes and shoes distribution to children

At the onset of winter season, children were provided with winter clothes which included sweaters, shoes, and socks on 13th November.



Event Celebrations

- **Youth Day**

Every year National Youth Day is celebrated on 12th January in the country to commemorate the birth anniversary of Swami Vivekananda, one of the greatest philosophers and spiritual leaders. The children at Flying Birds were engaged in an essay writing on Swami Vivekananda's life and his teachings for the world.



- **Makar Sankranti**

Makar Sankranti is a festival that celebrates Sun's transition into Makar (Capricorn). It is one of the few traditional festivals in India that are observed as per solar cycles. The season marks the end of winter and the beginning of longer days. It also marks the beginning of the harvest season when people worship new crops and share them with delight. Each state celebrates the festival as per their culture and tradition. This year the festival was celebrated on 14th January. On the occasion, children flew kites and enjoyed laddoos (sweets).



- **Birthday celebration**

Birthday celebration is one the activities which children awaits eagerly every month. This year along with celebrating the children's birthdays, birthdays of Ms. Reshma Sookha and Ms. Ashna Sookha Board Members of Pooja Kajal Foundation were also celebrated at Flying Birds on 25th January and 17th April respectively. Children recited birthday wishes for her and enjoyed the celebration with sweets and playing games.



- **Rakshabandhan**

From time to time various skill enhancing sessions were organized for children. During the festivals of Rakshabandhan, a rakhi making competition was organized at Flying Birds. The children showed great skills and team spirit to make beautiful rakhis. The girls also showed their henna art skills.



- **International Women’s Day Celebration**

Every year on March 8th, International Women’s Day is celebrated across the world. The Day was celebrated with the trainees of Bella Tailoring and parents of the children. Few other members of the community also participated in the event. The relevance of the day was discussed among the participants and in which they also expressed their views about the situation of women in today’s changing time.



- **Independence Day Celebrations (15 August)**

Flying Birds children participated in Independence Day program held at Swami Rama Himalayan University. The children performed on a patriotic song and mesmerized the audience with their brilliant performance.



- **Harela Festival**

Harela is a local festival celebrated annually on July 16 in Uttarakhand. Harela is a festival of peace, prosperity, greenery, and environmental protection. It marks the onset of the rainy season (monsoon) and is considered favorable by farmers as it is the beginning of the sowing cycle in their fields. People in the state associate greenery with prosperity. So, on Harela, people are encouraged to plant saplings to maintain vegetation on the earth. The children in Flying Birds were also engaged in the activities organized on the occasion of the festival.



- **Diwali Celebrations**

Diwali is the festival of lights which is celebrated in various regions across India. The name 'Deepavali' literally means an 'array of lights'. To make the students understand the importance of Diwali, Flying Birds had a celebration in school on 5th Nov 2022. Teachers explained the importance of Diwali, the festival



spiritually signifies the victory of light over darkness, knowledge over ignorance, good over evil, and hope over despair. Children played the characters of Lord Rama, Goddess Sita and Laxmana. They decorated diyas with colors and glitters and made rangoli. On the occasion, sweets and snacks were served to all participants. The children along with teachers and women from Bella Tailoring enjoyed celebrations wholeheartedly.

- **Parents-Teachers meeting**

Parents-teachers meetings were conducted where the mothers of the children were called. The parents were informed about the progress of their children. They were encouraged to send their children to school on regular basis.



- **Wall painting and craft activity**

Wall paintings were done by the children at newly painted Flying Birds building.



- **Children's Day celebration**

Children's day was celebrated in Flying Birds on 14 November 2022. On the occasion, children were taken to sports ground and where they participated in various sports and games competitions. Children performed excellently in every activity and showed great enthusiasm during the event.



On 15 November, the students of Himalayan College of Nursing, Swami Rama Himalayan University conducted various activities including a health screening session with the children in Flying Birds.



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 Baruwala Grant, Uttarakhand, India
 Dehradun Jollygrant ward No. 4, Joly Grant,
 Baruwala Grant, Uttarakhand 248140, India
 Lat 30.195216°
 Long 78.170228°
 15/11/22 11:56 AM GMT +05:30

- **Christmas celebration**

Christmas is for joy, for giving and sharing, for laughter, for coming together with family and friends. It was surely a Christmas to remember at Flying Birds. The children beautifully decorated Christmas tree. Several activities such as decorating Christmas Trees and Stockings, making Christmas Cards and Hand-crafted bells were organized for the students. The children were told about the birth of Lord Jesus and the legend of Santa Claus. The delightful celebration included children coming in red and white colour party dress, having sweets and snacks, dancing and sharing the merriment together.



Health Camp

To take care of the health of the children in Flying Birds, health camps were conducted on monthly basis. RDI Health team visited the school on the designated day and screened every child for their health issues. Common health issues like cough & cold, fever, headache, abdomen pain and skin related issues were reported by the children in the camps. Necessary prescriptions were made by the doctor. During the year 10 health camps were conducted. The parents of the children also sought consultation at the camps.

Health education sessions were also conducted during the camps which emphasized on personal and hygiene.



Bella Tailoring

Bella Tailoring was started to empower women and girls of the Flying Birds community by equipping them with tailoring skills and make them economically self-dependent. The trainees learnt all the tailoring skills with full dedication and sincerity. Few of them started their own work at their homes.

